

LETTER FROM THE CHAIRS

FALL 2022

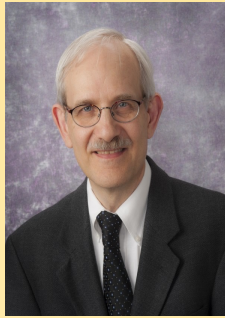
IMPORTANT DATES

November 10 - 12, 2022
ASMBS 2022 Weekend Meeting, San Antonio, TX

January 9, 2023
CBN Exam Registration Deadline

January 13 – February 25, 2023
CBN Exam Window

March 19, 2022
Certified Nurses Day



William Gourash, PhD
 CRNP RN CBN

Dear CBN's,

15 years ago, on June 10th, 2007, the CBN offered the first certification examination; 305 sat for that examination. It was the only paper and pencil offering of the CBN examination. See the picture below. We like to thank those 305, all that worked to develop that inaugural examination, all of those that have continued the work to make the CBN certification examination and program function and grow, and to all of you who have taken the examination and recertified over the years. Below are several initiatives we are working to increase the quality of the CBN program and to take it to the next level.



Jessie Moore, FNP-BC
 MSN CBN

1. We continue to work toward accreditation of the CBN Certification by the Accreditation Board for Specialty Nursing Certification (ABSNC). In late 2019, we consulted with SeaCrest (an accreditation consultant) to do a "gap analysis." Subsequently, we have been working to fill in the gaps essentially with extensive policy revisions and development and reorganization of our leadership structure (e.g., development of the "CBN Leadership Council"). There is no solid timeline for submission as of yet, and we will be consulting back with SeaCrest for guidance. So, stay tuned.
2. The Practice Analysis (PA) Subcommittee will be finishing up the review of the results of the 2022 Practice Analysis with a meeting of the CBN PA Task Force in early November. The examination, CBN review courses, and Recertification guidelines will be updated to that Practice Analysis.
3. The 7th "Distinguished CBN Award" was presented at the 2022 ASMBS Annual Meeting and a new "CBN Outstanding Service Award" was initiated and presented in September (page 2).
4. The Marketing subcommittee has launched a CBN Facebook page (page 5).
5. The Recertification subcommittee is working with Heuristic's, the developer of the LearningBuilder platform, for the yearly upgrade and to operationalize the retired CBN designation (page 2)
6. The CBN Examination Development subcommittee is beginning to assemble a new "Item writing" group (page 4).
7. The CBN Examination Preparation is preparing for the 2023 annual meeting review course update of the CBN online course and is awaiting any requests from ASMBS state chapters who would like to offer courses at their state chapter meetings.

Additionally, the CBN Certification Program would like to encourage CBNs and all bariatric nurses to support the Nursing Symposium at the 2023 ASMBS meeting. This is one significant platform for Metabolic Bariatric Nursing and Nurses to further develop.

Lastly ... Again, we would like to thank you – all CBNs – for your support, belief in, and daily implementation of best-practice bariatric/metabolic surgical nursing care



Happy 15th Birthday CBN Certification!

THE DISTINGUISHED CBN AWARD

The Certified Bariatric Nurse Committee and The ASMBS believe Certified Bariatric Nurses deserve recognition for all they do every day for patients, families, the community, and our profession. The purpose of the Distinguished CBN Award is to recognize a CBN who has made an extraordinary effort to promote the values of the CBN: Compassion, Advocacy, Research and Education.

Nominated by one of her CBN nurse colleagues, the 2022 Distinguished CBN Awardee is Kellie Armstrong, RN, MSN, CBN. She received her CBN in 2007 as part of the first group to sit for the examination. Kellie is the Bariatric Surgery Program Manager for the bariatric surgery center at the Miriam Hospital in Providence, Rhode Island. After taking her hospital's bariatric program through their virtual MBSAQIP site visit as the metabolic and bariatric coordinator, she wanted to share her experience and published an article in the bariatric Times titled ...Raising the Standard: Preparing for Your Virtual Site Visit. During the 2020 COVID-19 period, through virtual and other means, Kellie was able to develop an innovative strategy plan and implement it to keep her bariatric surgical program and patients on track. She submitted her plan as a quality improvement proposal and was awarded her hospital's Hurvitz Quality Award, which honors interprofessional hospital improvement teams. For several years, Kellie has taught review courses for any of her bariatric nurse colleagues who were interested in becoming a CBN. With the financial award Kellie received from her hospital, she purchased 10 CBN online review course subscriptions for her nurse colleagues. The CBN Committee awarded Kellie as the 2022 Distinguished CBN at the ASMBS conference in June 2022.



Certified Bariatric Nurse Certification Program Retired Status

We have been frequently contacted regarding our CBN Retired Certification Program and we are excited to update everyone that we are diligently working to implement this program. The eligibility requirements will be as follows:

- I. Hold a current CBN certification and be in good standing with the CBN Certification Program
- II. Hold a current unrestricted RN license at time of retirement
- III. Be retired from nursing practice and to include teaching (e.g. positions that require holding an active RN license), with no plans to return or renew certification.
- IV. Submit an application up to one year after the expiration of your latest CBN certification renewal date. Until 12-31-2023, any nurse that retired while actively a CBN from 7-1-2007, will be eligible to submit an application and be granted the CBN retired status if they meet all of the other requirements.
- V. Retired nurses must use the designation (Ret) suffix and may not portray themselves as a current CBN credential holder. (i.e., MSN, RN, CBN (Ret)).
- VI. If a CBN wishes to re-certify after obtaining retired status, they must meet all current certification eligibility requirements at that time. When LearningBuilder complete the program, you will be able to submit the Retired Status application via your CBN LearningBuilder account at least 30 days prior to one year after expiration of your current certification or as noted above in IV.

There is a onetime fee of \$100 (\$75 if an ASMBS active associate member at the time of application) and this will be valid as long as you are retired.

We will update everyone as soon as the LearningBuilder program is active! What a tremendous opportunity to continue to present the **CBN (Ret)** status to demonstrate what we worked so diligently to obtain!

CBN Practice Analysis Update

A big THANK YOU to everyone who promoted and completed the 2022 CBN Practice Analysis Survey. With your help, we received over 300 completed responses that represented both geographic and practice diversity across the field of bariatric nursing. This input will be used to update the task and knowledge statements that serve as the foundation for the CBN exam. Our partners at PSI are currently performing statistical analysis on the data. In early November, the Task Force will reconvene for a weekend long meeting to revise the specifications for the future version of the CBN exam. The full results of the practice analysis will eventually be published as a manuscript and presented at the ASMBS annual meeting. We are sincerely appreciative of your time, effort, and dedication to bariatric nursing and look forward to seeing how the practice has evolved over the past five years.

Melissa Rowan, RN, BSN, CBN
Co-Chair, CBN Practice Analysis Subcommittee

Welcome Class of January 2022 **Our Newest Certified Bariatric Nurses!**

K. BARNETT	J. ENGLISH	A. LIMONT	J. NELSON
P. BERG	C. ETHERINGTON	M. MIRANDA	J. PORTER
G. BORUNDA	B. FOSTER	S. MOOBERRY	A. ROTHE
D. BROWN	A. HAZINAKIS	E. MOORE	C. SCHMALTZ
B. BURNETT	T. HIGHLEY	L. MORALES	C. SINDLE
M. CHAVEZ	K. HILLER	A. MUTYA	A. SMITH
C. CHUA	J. KOWALSKI	E. NELSON	S. WILM
M. DE GUZMAN			



SERVICE AWARDS: Bobby Lou Price & Maureen Quigley



Bobby Lou Price

Bobbie Lou Price was president of the IH Section of the ASMBS and very supportive to the CBN during the final preparations for and the first offering of the CBN Certification Examination. It was with her support that we were able to continue to have the resources to succeed. Additionally, she was the leader in developing, coordinating, and implementing of the Examination Preparation that was offered for that first examination – 3 courses that were funded by industry colleagues - and subsequently, she continued this mission and was the leader in of the examination preparations subcommittee through until this June when she thought she would have to leave bariatric surgery. The examination preparation subcommittee, always a dynamic and skilled group under her leadership, has offered yearly review courses at the annual meeting, developed, offered, and maintained an online CBN review course for the last decade, and instituted flexible state chapter CBN review courses. We want to thank and recognize her for “outstanding service.” Bobbie Lou has subsequently been hired back into bariatric surgery, and we are hopeful and welcome her to join us in continuing to move the CBN Certification forward and onward to fulfill its goal of accreditation.



Maureen Quigley

Maureen Quigley has been a member of the CBN committee since the early days of exploring a credentialing exam for bariatric nurses. Due to her expertise in clinical practice, she was selected as an original Item Writer for the first exam and also to participate on the Exam Development Subcommittee. Maureen’s knowledge and ability to research detailed information on every item quickly became an asset to the entire exam development team. Newly written items are reviewed and rewritten to ensure clarity and the presence of one correct answer. Maureen frequently was able to delve into questions deeply and ascertain that each question was supported in the research and clinical literature. It was clear to all that her clinical knowledge and practice were evidence-based. Some comments from her peers include “her attention to detail and making sure we ‘get it right’ for every question”, “leader who always could find even the most obscure details”, “someone I learned from on each call and every meeting”, “a strong advocate for the CBN exam”.

Maureen recently retired from her bariatric position at Dartmouth Hitchcock Medical Center, and has stepped down from the Exam Development Subcommittee. She leaves a legacy of contributions to the integrity and quality of the CBN examination that will be missed.

CBN ITEM WRITERS NEEDED!

As a CBN, you have felt the pride of having this acknowledgment of your expertise in this field.

The CBN Exam Development committee would like to offer you the opportunity of becoming an Item Writer. We are continually updating our item bank and are looking for writers from across the nation that are providing direct bariatric care in office settings, the hospital, or serving as bariatric coordinators or MBSCRs to participate in our next writing drive.

Whether you are an experienced CBN item writer or are a new CBN, you are welcome to participate. Once item writers are selected, we will schedule a training session and mentoring along the way by experienced item writers and members of our committee.

Please indicate your interest by emailing Ruth Davis at RuthDavisRN@gmail.com. Once we are ready to launch our next item writing task force, you will be sent more information along with an application.

Ruth Davis, RN, BSN, MBA, CBN
Leader, CBN Exam Development Subcommittee

CBN SPOTLIGHT

For each newsletter, the marketing committee will spotlight a CBN, and this newsletter spotlight goes to our own William Gourash. The Dr. Ronald H. Clements Patient Safety & Quality Award recognizes major achievements of a team or individual who has made significant contributions to improving patient safety and quality of care to bariatric patients. ASMBS believes quality care focuses on improved, patient-centered, reliable, accessible, and safe treatment.

Bill is a nurse practitioner with a Ph.D. in nursing who was instrumental in the very early days of clinical patient care with Dr. Phil Schauer at UPMC. He made his greatest contribution to the development of the certified bariatric nurse program, and he has chaired this effort for many years. Bill was so motivated to do it right that he became an expert in certification processes and subsequently a consultant to the physician leadership of ASMBS (Foundation Board of Directors) and helped them develop their own approach to board certification culminating in the FBD. Bill was presented the award at the 2022 LEAD awards in June at the ASMBS conference. Congratulations to Bill for this honorable achievement!

**Nominate a fellow CBN for the CBN spotlight to be highlighted in the Spring 2023 Newsletter! Send your nomination to CBN@ASMBS.ORG.

**The 2022 Dr. Ronald H. Clements Patient Safety and Quality Award Recipient:
William Gourash**



Interested in Becoming a CBN?

Important Testing Dates

- Registration Window Opens: October 17th, 2022
- CBN Exam Registration Deadline: January 9, 2023
- CBN Exam Window: January 13 – February 25, 2023

Please check the CBN Exam Section of the ASMBS website:

<https://asmbs.org/professional-education/cbn>

DID YOU KNOW?

- ❖ Most hospitals/organizations provide bonus certification pay if you obtain a certification!
- ❖ For renewing CBNs- You can enter your certification renewal information *anytime* in Learning Builder!
- ❖ We now have a CBN Facebook page! Please log into Facebook and 'like' at: <https://www.facebook.com/CBNCertification>



Accreditation committee member Karen Groller wrote & provided a chapter on bariatric nursing for a nursing textbook!

Groller, K. (2022). Chapter 42: Assessment and Management of Patients with Obesity. In Hinkle, J. & Cheever, K. Brunner & Suddarth’s Textbook of Medical-Surgical Nursing (15th ed.). Philadelphia, PA: Wolters-Kluwer. Printed-October 2021.

ARTICLE: USA Today press release regarding ASMBS Update on Guidelines for bariatric surgery:

<https://www.usatoday.com/story/news/health/2022/10/21/weight-loss-surgery-qualification-guidelines/10540645002/>

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Bobbie Lou Price

Jessie Moore

OTHER DISCIPLINE

CREDENTIALING

William Gourash

Jessie Moore

INTERNATIONAL (new)

* Members of the Leadership Council

Keep an eye out for the 4 hour **“Masters in Bariatric Nursing Course”** at the ASMBS Annual Meeting 6-25-2023

This Newsletter was developed by the CBN Committee and produced by the CBN Manager and the CBN Newsletter Coordinator

