



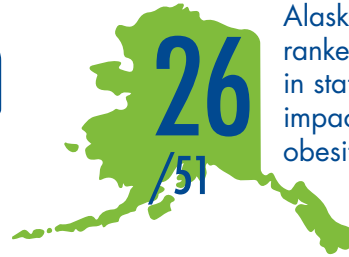
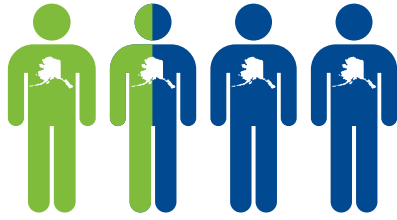
# ALASKA

## Obesity Fact Sheet



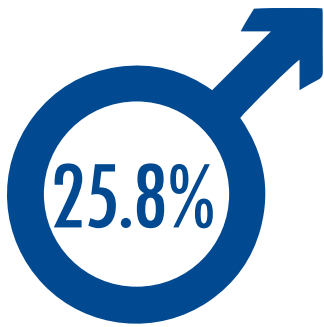
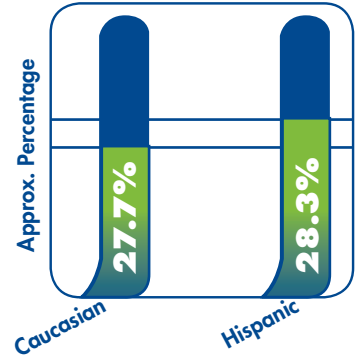
### ADULT OBESITY FACTS:

Obesity affects more than **29.8%** of Alaskans.

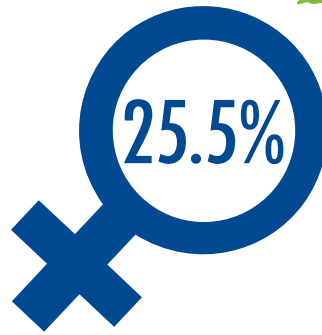


Alaska is ranked **26/51** in states impacted by obesity.

Alaskans Affected by Obesity by Race



More than **25.8%** of male Alaskans are affected by obesity.



More than **25.5%** of female Alaskans are affected by obesity.



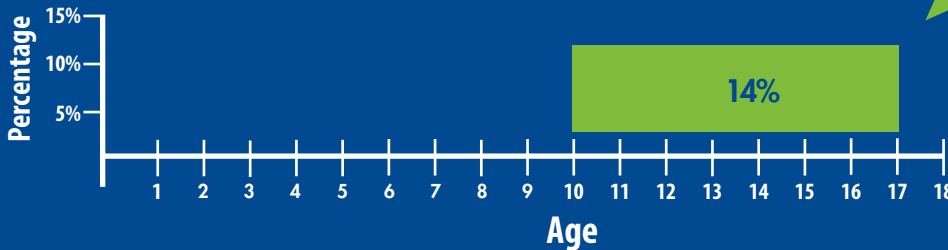
The age group most affected by obesity in Alaska is 65+ (34.7%).

# 48<sup>th</sup>

Alaska ranks **48<sup>th</sup>** in adults with Type 2 Diabetes (7.6%).

### CHILDHOOD OBESITY FACTS:

Children Affected by Obesity



14% of high school students are affected by obesity.



Alaska **IS NOT** one of the 19 states that have BMI screening requirements

### NATIONAL COST OF OBESITY

# \$315.8 BILLION

Estimated cost of annual obesity-related healthcare

# 42%

How much more healthcare costs for individuals affected by obesity

# \$14.1 BILLION

The direct costs caused by childhood obesity

# \$4.3 BILLION

Nationwide annual costs due to obesity-related absenteeism

Obesity is a serious chronic condition that continues to have a growing impact on our society, and carries with it a large number of related conditions such as diabetes, hypertension, heart disease, and more. Action must be taken to address this epidemic at all levels — individual, family, community, government, healthcare and insurance. To learn more about the disease of obesity, treatment options, weight bias, and more, please visit the Obesity Action Coalition (OAC) Web site at [www.ObesityAction.org](http://www.ObesityAction.org).

#### References:

- Centers for Disease Control
- Trust for America's Health
- Obesity Action Coalition

#### Questions?

If you have any questions regarding the above information or if you would like to receive free educational materials on obesity, please contact the OAC National Office at (800) 717-3117 or [info@obesityaction.org](mailto:info@obesityaction.org).

